



# CHAMPIONSHIPS' RULES

*The Canadian Indoor Skydiving Championship is all about skill, precision, and adrenaline. Before you take off, make sure to check out the official rules to keep the competition fair and the excitement high!*

## 4 WAY FS INTERMEDIATE

FAI RULEBOOK 🖱️

### AMENDMENTS FOR THE INTERMEDIATE CATEGORY:

- Teams begin each round in a 4-way Star formation prior to beginning the planned sequence for that round. The working time will start at the first sign of a break from the star formation. If the draw calls for the first point of a round to be a Star, the Star formation will be moved from the beginning to the end of the sequence.
- The draw will be performed from a dive pool consisting of only blocks 1, 2, 4, 6, 7, 8, 9, 11, 13, 14, 15, 18, 19, 20, 21, and 22, and all the randoms.
- Each dive will consist of 4 to 5 points

## 4 WAY FS OPEN (ELIGIBLE FOR WORLDS)

FAI RULEBOOK 🖱️

## 4 WAY VFS OPEN (ELIGIBLE FOR WORLDS)

FAI RULEBOOK 🖱️

2024 VFS DIVE POOL CHANGE 🖱️





**2 WAY VFS INTERMEDIATE  
(BELLY, BACK, HEAD UP)**

USIS RULEBOOK 🖱

**2 WAY VFS OPEN  
(BELLY, BACK, HEAD UP  
AND HEAD DOWN)**

USIS RULEBOOK 🖱

**FREESTYLE ROOKIE**

FAI RULEBOOK 🖱  
ONLY 3 ROUNDS, NO COMPULSORY MOVES

ADDENDUM D 🖱  
ARTISTIC EVENTS ROUTINE DESCRIPTION

ADDENDUM D 🖱  
SOLO FREESTYLE ROUTINE DESCRIPTION (WORD)

**FREESTYLE OPEN  
(ELIGIBLE FOR WORLDS)**

FAI RULEBOOK 🖱  
ONLY 3 ROUNDS, NO COMPULSORY MOVES

ADDENDUM D 🖱  
ARTISTIC EVENTS ROUTINE DESCRIPTION

ADDENDUM D 🖱  
SOLO FREESTYLE ROUTINE DESCRIPTION (WORD)

**DYNAMIC SOLO SPEED**

DYNAMIC FLYING RULEBOOK 🖱

2024 - 15 IBD, SOLO SPEED  
RULE CHANGE FOR 2025 🖱

**DYNAMIC 2 WAY OPEN  
(ELIGIBLE OR WORLDS)**

FAI RULEBOOK 🖱

Now that you know the rules, it's time to bring your best moves to the wind tunnel. Stay focused, fly smart, and most importantly—have fun! See you in the air!

