



2026 CANADIAN
**INDOOR SKYDIVING
CHAMPIONSHIP**

CHAMPIONSHIPS' RULES

The Canadian Indoor Skydiving Championship is all about skill, precision, and adrenaline. Before you take off, make sure to check out the official rules to keep the competition fair and the excitement high!

4 WAY FS INTERMEDIATE

FAI RULEBOOK 

AMENDMENTS FOR THE INTERMEDIATE CATEGORY:

- Teams begin each round in a 4-way Star formation prior to beginning the planned sequence for that round. The working time will start at the first sign of a break from the star formation. If the draw calls for the first point of a round to be a Star, the Star formation will be moved from the beginning to the end of the sequence.
- The draw will be performed from a dive pool consisting of only blocks 1, 2, 4, 6, 7, 8, 9, 11, 13, 14, 15, 18, 19, 20, 21, and 22, and all the randoms.
- Each dive will consist of 4 to 5 points

4 WAY FS OPEN (ELIGIBLE FOR WORLDS)

FAI RULEBOOK 

4 WAY VFS OPEN (ELIGIBLE FOR WORLDS)

FAI RULEBOOK 



2 WAY VFS INTERMEDIATE (BELLY, BACK, HEAD UP)

USIS RULEBOOK 🖱️

2 WAY VFS OPEN (BELLY, BACK, HEAD UP AND HEAD DOWN)

USIS RULEBOOK 🖱️

FREESTYLE ROOKIE

FAI RULEBOOK 🖱️

ADDENDUM D 🖱️
ARTISTIC EVENTS ROUTINE DESCRIPTION

ADDENDUM D 🖱️
SOLO FREESTYLE ROUTINE DESCRIPTION (WORD)

DYNAMIC SOLO SPEED INTERMEDIATE

FAI RULEBOOK 🖱️

The dive pool for intermediate will consist of :

- S1 - Head-down Inface Snake
- S3 - Head-up Inface Snake
- S5 - Head-down Mixed Snake
- S8 - Head-up Inface 360 Snake
- V1 - Back Layout
- V3 - Classic
- V5 - Head-up 360°
- V7 - Bottom Loop
- M1 - Head-down Inface circles
- M2 - Head-up Inface circles
- M6 - Head-up Shuffler
- M9 - Head-up Inface Shuffler

FREESTYLE OPEN (ELIGIBLE FOR WORLDS)

FAI RULEBOOK 🖱️

ADDENDUM D 🖱️
ARTISTIC EVENTS ROUTINE DESCRIPTION

ADDENDUM D 🖱️
SOLO FREESTYLE ROUTINE DESCRIPTION (WORD)

DYNAMIC SOLO SPEED OPEN

FAI RULEBOOK 🖱️

DYNAMIC 2 WAY OPEN (ELIGIBLE FOR WORLDS)

FAI RULEBOOK 🖱️
(ONLY SPEED ROUNDS)



Now that you know the rules,
it's time to bring your best moves
to the wind tunnel.
Stay focused, fly smart, and
most importantly—have fun!
See you in the air!